



## Live Well Allegheny: Menu of Action Steps for Municipalities

### Tobacco

- Develop more comprehensive tobacco prevention and control policies ([Allegheny County](#))
- Pass an ordinance to make your community parks smoke-free ([Clairton](#))
- Add electronic cigarette language to your smoking policies ([NACCHO model language](#); [Allegheny County](#))
- Participate in *Young Lungs at Play* to create smoke-free spaces for children ([TFA resources](#))

### Physical Activity

- Adopt a Complete Streets model ([Pittsburgh policy](#); [ChangeLab](#))
- Support multimodal transportation (ACED's [Active Allegheny](#))
- Bike parking model ordinance ([Pittsburgh](#); [ChangeLab](#))
- Increase connectivity of trails and access to other green spaces ([AAGP](#))
- Update park equipment & facilities ([Allegheny County parks](#))
- Update recreational space policies and [ADA compliance](#)

### Healthy Food Access

- Healthy food procurement and food labeling
  - [Food Trust Resource Guide](#)
  - [Nutrition Standards Example](#)
- Healthier Vending options
  - [Hello Goodness from Pepsi](#)
  - [Model Municipal Vending Agreement](#)
  - [Tips for Better Vending](#)
  - National Alliance for Nutrition & Activity [guide](#)
- Implement zoning ordinances that support farmers' markets ([ChangeLab](#))

### Land Use

- Review and update local comprehensive land use plans ([Allegheny County](#); [Portland example](#))
  - Mixed land use [[Smart Growth Codes](#)]
  - Support brownfield and riverfront development
  - Support community gardens ([examples here](#))
  - Increase development of green spaces, such as parks and trails
- Shared use agreements provide opportunity for physical activity ([ChangeLab examples](#))
- Improve bike/pedestrian infrastructure [[Pittsburgh Bike Plan](#)]